## Programme

11.00 Welcome from St Paulinus Singers Chairman, Miles Dunn

## 11.05 How the Voice works (Stuart Barr)

A whistlestop tour around the basics of the voice, based on the latest scientific research. Stuart will look at why warming up is important, how it can be done efficiently and then provide tips for improving technique, including: airflow, efficient voicing, breathing, registers (larynx tilting), resonance, freeing tongue/jaw tension & posture.

## 12.30 Lunch

# 1.30 Idiomatic Choral Sound (Stuart Barr)

Using the latest voice science research, Stuart will show how to change vocal colours to suit the music, concentrating on the Classical and Renaissance periods.

#### 2.30 Break - tea and coffee

During this break, the St Paulinus committee will lead a short discussion about the future of the choir, its direction and where they want the choir to develop.

## 3.00 Performing Renaissance music (Sam Gardner, Musical Director, St Paulinus Singers)

A short introduction to performance style of music of the Renaissance; identifying the techniques composers were using to draw attention to certain areas of the music and how our performance could reflect this.

## 3.30 Ensemble performance

An opportunity for the singers to split into groups and prepare their own performance of the day's music, with advice and guidance available from Stuart and Sam.

## 4.30 Performance

Each group performs to each other with a short introduction from each about the musical decisions they made.

5.00 Finish