

## Who is the Course for?

This course is essential for:

- everyone who longs to free their voices
- vocal and musical explorers (whether amateur or professional).

It will meet the needs of all those people who want to:

- Go Deeper into Voicework
- Make New Discoveries about Singing and
- Develop Confidence in their Voice.

In addition, the course will also benefit your sense of well-being.

## Contributors

*Michael Deason-Barrow* - Director of Tonalis Music Centre - is a master singing teacher, an inspirational choir trainer and an expert on world voices. He has a wide background as a performer, and regularly gives voice master classes in music conservatoires on the one hand, whilst working with community choirs, children's groups and singing therapy on the other. Michael is recognised for being that rare exponent of music, an expert with a universal attitude.

*Marianne Asjiki* is a Tonalis trained singing teacher who will facilitate voice warm-ups and teach individual singing lessons. *Linda Ryder* is an Alexander Technique teacher who has also done a Tonalis voice training. She will lead the group Alexander sessions

Individual Singing and Alexander Technique Lessons will be available.  
(N.B. The fees for these lessons are not included in the listed fees.)

## Fees

**Discounted Fees: £195** (for booking by March 1<sup>st</sup>) **£210** (by March 25<sup>th</sup>) **£225** (thereafter)

**Concessions: £180** for OAPs, couples & people on income support, by March 15<sup>th</sup>.

**Work Scholarship Fee: £150** This discounted fee is available to students and the unwaged.

**Times:** April 10<sup>th</sup>: 12:00 - 9:00; 11<sup>th</sup> - 13<sup>th</sup>: 9:45 - 6:30; 14<sup>th</sup>: 9:30 - 4:30

**Meals:** Lunches and Suppers are available in local cafés. Tea & Coffee will be provided.

A **Registration Letter** incl. travel directions will be sent on receipt of your application.

**TONALIS, 4 Castle Farm Close, Leighterton, GLOS, GL8 8UY**

## APPLICATION FORM - Sing Freedom

Please complete and send to the above address, with a non-refundable  
£40 Deposit/Admin. fee payable to 'Tonalis'.

Name: \_\_\_\_\_ email: \_\_\_\_\_

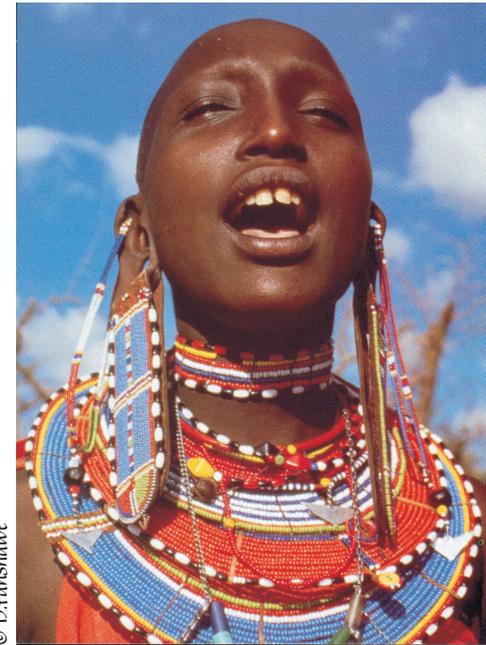
Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Tel: \_\_\_\_\_

Would you like to receive an accommodation list  
of i) local B&Bs and ii) family hosts (c.£20/night)? Yes  No

# SING FREEDOM

Dancing  
Voices



Singing  
Bodies

## Go Deeper into Singing

A New Holistic Approach to Voicework for 21<sup>st</sup> Century Singers  
including

- ◆ Improvisation ◆ Alexander Technique ◆ Therapeutic & ◆ World Voices

*Tonalis*

*Michael Deason-Barrow is one of the finest voice coaches in the world!*  
*Mikal Nielsen - author of 'The Heart of Your Voice, You too can Sing!'*

Led by Michael Deason-Barrow

**10th - 14th APRIL 2012**

VENUE - Tonalis Music Centre, Stroud, GLOS.  
Enquiries: Tel: 01666-890460 / info@tonalismusic.co.uk

## This Course offers you a New Holistic Vision of Singing.

### DO YOU WANT TO:

- ☉ free your voice so you can sing healthily & expressively?
- ☉ include the whole body, imagination, soul and spirit in singing?
- ☉ understand the mysteries that lie at the heart of singing?
  - ☉ learn to get those high notes ringing?
  - ☉ improve your breathing?

If so, this Course is for YOU!

SING FREEDOM offers you the exciting opportunity to extend your singing to include:

- Body-Mind-Voice approaches  
(influenced by Alexander Technique, Eurythmy, Dalcroze Eurhythmics and Laban)
  - Multi-cultural Voicings
  - Metaphysical and • Therapeutic Perspectives
- and • Improvisation as a way of bringing Creativity into Voicework.

You will find Tonalis' approach to singing is truly holistic and encompasses the singer in all aspects of his/her being.

So come and MAKE NEW DISCOVERIES ABOUT SINGING so that those elements which live in you as hidden potential at present are enabled to come to expression in the future.

## Testimonials – What the Professionals Say

Michael Deason-Barrow can take you to new places and give you new experiences in singing which will change your life. He has the knack to open people's minds to enable them to make music in ways they never thought possible.

MIKE BREWER OBE – Author of 'Fine Tune Your Choir' & 'Choral Warm-ups'

Michael's course was an unparalleled vibrant, holistic weaving together of physical, cultural, artistic and spiritual 'vocal' threads; led by a performer and teacher of the highest musical and vocal prowess. This approach is essential for amateurs, students and professionals alike.

MARTYN HILL – Professor of Singing, Trinity College of Music, London

## SING FREEDOM

This course will explore with you all the core elements of singing technique (to which Tonalis brings informed and enriching new viewpoints), *including how to:*

- ◆ Develop the freedom of your BREATHING
- ◆ Expand the RANGE and DYNAMICS of your Voice
- ◆ Enliven your RESONANCE and the palette of your VOCAL COLOURS
- ◆ OPEN YOUR THROAT and FREE THE LARYNX from harmful constrictions
- ◆ Explore how each CONSONANT and VOWEL is like a different instrument
- ◆ Free your TONGUE, LIPS & JAW from any tensions that interfere with your voice.

### Expand the Borders of Singing

#### Open Doors into a stunning array of Vocal/Musical Styles

Today a vast array of amazingly different vocal styles are sounding out from the well-springs of world, early and contemporary musics - from Bulgarian women to Emma Kirkby. This shows that the full possibilities of the voice are not revealed in any one style.

Our singing adventure will therefore go into the voice in its broadest sense and reveal *the Infinite Possibilities of the Voice*

through a practical exploration of Western, World and Contemporary singing styles.

### Freedom Songs: Voices of Courage and Hope

Michael will also sing with you *SOUTH AFRICAN AND AFRICAN-AMERICAN FREEDOM SONGS*.

These songs not only sound cultural journeys from slavery to freedom, but you will find they also help in liberating your singing voices from imprisonment.

### You are the Instrument: The Alexander Technique in Singing

This course will introduce you to the Alexander Technique in connection with singing. Experts have found Alexander work to be the best way to help singers release the physical tensions which often interfere with the natural co-ordinations of their voices.

*'Behind every Moving Voice is a Dancing Body.'* (J.Wright)

Because our voice is connected to our whole body - not just the vocal organs - and because sounds are movements - this course offers you a practical and inspiring guide to 'VOICE MOVEMENT TECHNIQUES', namely how movement can help free your voice.

### The Imaginative Voice – Creativity in Voicework

A key feature of the Tonalis approach to voice training is centred on the way Michael brings creative imagination, spontaneity and flexibility into vocal development.