

## Who is the Workshop for?

EVERYONE who longs to Free their Voice so they can sing expressively and confidently in a way that includes the whole body, imagination and soul.

There will be something for everyone, with teaching designed to meet the needs of people with all levels of vocal and musical ability, from:

- ◆ VOICE SPECIALISTS wanting new insights (e.g. therapeutic & global perspectives)
- ◆ SINGERS seeking a new vision of singing
- ◆ CHOIR SINGERS
- ◆ 'UNCERTAIN SINGERS' yearning to 'Sing Freedom'.

*You will find the sessions will be inspiring, informative and strongly practical - and will also benefit your sense of well-being.*

*A BOOKSHOP OF RESOURCES linked to the workshop theme will be available.*

## Workshop Leader

*Michael Deason-Barrow* (GRSM, ARCM) - Director of the Tonalis Music Centre - is a master singing teacher and a dynamic, inspirational choir trainer, who runs voice courses all over the world. He has a wide background as a performer, and regularly gives voice master classes in music conservatoires on the one hand, whilst working with community choirs, children's groups, uncertain singers and singing therapy on the other. Increasingly, he is being recognised for being that rare exponent of music, an expert with a universal attitude.

**FEES: £74** (for booking by Feb.15th) **£80** (by March1st) **£85** (thereafter)

**Concessions: £68** for students, OAPs, & people on income support by **Feb.15th**.

**Couples/Partners & Group Bookings (3+): £65/ £70/ £75** (see date deadlines above)

**Times:** 10am - 6pm Saturday 10am - 5pm Sunday

**Meals:** Bring & Share Lunches. Tea & Coffee will be provided.

A Registration Letter incl. travel directions will be sent on receipt of your application.

Marilyn Edwards, Wicken Hill Farm, Heights Rd., Hebden Bridge, W.Yorks HX7 5RF

## APPLICATION FORM - 'Sing Freedom' - Hebden Bridge

Please complete & send to the above address with your cheque payable to - 'M.Edwards'

Name: \_\_\_\_\_ email: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

# SING FREEDOM

Dancing  
Voices



Singing  
Bodies

## Go Deeper into Singing Develop the Freedom of Your Voice

BRING ◆ Improvisation ◆ Movement ◆ World Voices  
& ◆ Therapeutic Insights into Voicework

*Tonalis*

*Michael Deason-Barrow is one of the finest voice coaches in the world!*  
*Mikal Nielsen - author of 'The Heart of Your Voice, You too can Sing!'*

Led by Michael Deason-Barrow

**17<sup>th</sup> - 18<sup>th</sup> MARCH 2012**

VENUE - St.John's Centre, Cragg Vale, Hebden Bridge, W.YORKS

Enquiries: Tel. 01422-885249 info@tonalismusic.co.uk

## This Workshop offers you a New Holistic Vision of Singing.

DO YOU WANT TO:

- ⊗ Free your Voice so you can sing healthily & expressively?
- ⊗ Include the Whole Body, Imagination, Soul and Spirit in Singing?
- ⊗ Improve your Breathing and get those High Notes ringing?

If so, this Workshop is for YOU!

### Uncover and Free Your Voice

The key aim of this workshop is to awaken your awareness of  
How to Free Your Singing Voice  
using new Voice Techniques for 21st Century Singers.

*This workshop will help you liberate your voice through exercises/improvisations  
that will explore all the Key Components of Voice Technique - e.g. how to:*

- ◆ Develop the freedom of your BREATHING
- ◆ Expand the RANGE and DYNAMICS of your Voice
- ◆ Enliven your RESONANCE and the palette of your VOCAL COLOURS
- ◆ OPEN YOUR THROAT and FREE THE LARYNX from harmful constrictions
- ◆ Explore how each CONSONANT and VOWEL is like a different instrument
- ◆ Free your TONGUE, LIPS & JAW from tensions that interfere with your voice.

## Testimonials – What the Professionals Say

Michael Deason-Barrow can take you to new places and give you new experiences in singing which will change your life. He has the knack to open people's minds to enable them to make music in ways they never thought possible.

MIKE BREWER OBE – Author of 'Fine Tune Your Choir' & 'Choral Warm-ups'

Michael's course was an unparalleled vibrant, holistic weaving together of physical, cultural, artistic and spiritual 'vocal' threads; led by a performer and teacher of the highest musical and vocal prowess. This approach is essential for amateurs, students and professionals alike.

MARTYN HILL – Professor of Singing, Trinity College of Music, London

**'Behind Every Moving Voice is a Dancing Body'** (John Wright)  
Many people think their voice is tense and unfree, when in fact it is tensions in their body that is leading to their limited voice use. Because sounds are movements and vibrations, voice development needs to be fundamentally interwoven with work on the whole body.

*This workshop will therefore offer you a practical and inspiring guide to  
the ways in which Voice MOVEMENT TECHNIQUES can help you both free your voices  
and enable expressive singing of songs and choral music to come about.*

### Creativity and Improvisation in Singing

Michael will also bring improvisation into the voicework sessions in order to bring the benefits of spontaneity, flexibility and creative imagination into vocal development. In addition, you will have the opportunity to explore imaginative ways of entering into choral improvisation leading to a wonderful array of vocal colours, harmonies, rhythms and textures being heard.

### Expand the Borders of Singing

In recent times a multiplicity of extraordinary World singing styles and choral idioms have emerged in our midst, along with Medieval, Jazz, Gospel and 20<sup>th</sup> Century Extended Voice Techniques. All these voices are demonstrating a move away from more narrowly defined conventional ideals of singing to new more open-minded and holistic paradigms.

*This workshop will offer you a wonderful opportunity to try out a whole range of music, e.g.:*

- the bright focus of Bulgarian Voices
- the falsetto singing of Native Americans
- the warm open throated pharyngeal resonance of Georgian singing

*Through singing these musics you will:*

- i) Expand the borders of your voice
- ii) Explore the healing and creative power of singing in different vocal/musical styles
- iii) Experience how particular idioms open up different resonance centres of your voice so that your 'whole voice' can be revealed.

### Freedom Songs: Voices of Courage and Hope

We were all born into the world singing our hearts out with free, unrestricted and spontaneous voices. But many people lose this knowledge as they leave childhood and experience instead how the expressive power of their voice is easy to silence and difficult to restore.

On this workshop Michael will establish an atmosphere of safety for you to "move your voices from inside to outside without being stopped by the damaging layers of inner critics that often silence us". (Susan E. Hale)

In this connection we will sing:

*SONGS OF COURAGE AND HOPE FROM SOUTH AFRICAN AND AFRICAN-AMERICAN SOURCES.*

These songs not only sound cultural journeys from slavery to freedom,  
but you will find they also help in liberating your singing voices from imprisonment.